

# The Four Paradigms of Construction Scheduling

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In the construction industry, the project schedule serves as a rulebook for controlling costs, ensuring timely delivery, and maintaining quality standards. Scheduling accuracy is arguably the most critical contributor to a project's success; a great schedule can make a project, while a poor one can break it.

Over the last century, the construction industry has undergone significant transformations — largely driven by technological advancements. Project management and scheduling methods have evolved dramatically, shifting away from more rudimentary approaches to meet today's demand for detail, speed, and efficiency.

While basic, task-based scheduling methods were once the norm, a more sophisticated approach is required to address the growing complexities of modern construction. The need for on-demand, accurate, and efficient scheduling optimization is driving this evolution faster and further than ever before. Let's take a close look at how far these methods have come — and where the next evolution of construction scheduling optimization will lead the industry.

# THE FOUR PARADIGMS OF CONSTRUCTION SCHEDULING

# 1. Paper and Pencil

In the early days of construction scheduling, methods were as basic as they come — relying solely on paper and pencil. Tasks were manually listed and sequenced, a labor-intensive and error-prone process. The introduction of the Gantt Chart in the early 20th century by Henry Gantt marked a significant step



forward, providing a visual representation of tasks over time. However, traditional scheduling was essentially task-focused, linear, and rigid.

Manual scheduling methods lacked the flexibility to dynamically adjust to changes and constraints, often leading to inefficiencies and delays. This rigidity highlighted the need for more adaptable and efficient scheduling systems.

#### 2. Computerized Critical-Path Method

The 1980s ushered in a significant advancement with the rise of computers and the digitization of the critical-path method, a task-based approach to scheduling. Developed in the 1950s, the first active use of CPM was in 1966, on the development and construction of a major New York City skyscraper – the twin towers of the former World Trade Center. The conversion

of construction schedules to a digital format made managing and manipulating task sequences much easier. The introduction of computerized Gantt charts enabled users to model tasks and modify their precedence relationships digitally, significantly streamlining planning efforts.

This development made it easier to identify critical tasks that directly influenced project duration, allowing for optimization of task management, which in turn helped reduce delays. However, because CPM was still task-based, it couldn't entirely eliminate the constraints posed by real-life projects.

## 3. 3D Constraint-Based Scheduling Method

The next major advancement arrived with the development of 3D constraint-based construction scheduling optimization — a method built on years of research in scheduling, project management, and artificial intelligence at Stanford University. This method combines building information modeling with constraint-based optimization of tasks and sequences. Rather than simply listing activities, this method allows the entire construction process to be simulated under various constraints such as labor capacity, equipment availability, project milestones, or material arrival times.

By modeling these constraints, this approach optimizes the project schedule, providing a more realistic and efficient plan. Just as mountaineers must push through constraints to reach the summit, construction teams can navigate complex projects more effectively, overcoming challenges to achieve peak performance.

# 4. Hybrid Construction Scheduling Method

A groundbreaking recent development is driving the latest paradigm shift in construction scheduling: introduction of a hybrid method combining the principles of constraint-based modeling with traditional task-based schedules. This hybrid approach uses advanced algorithms to automate schedule optimization, automatically generating feasible timelines from existing schedules, with reduced risk. This integrated approach allows construction project planners and schedulers to optimize for efficiency, cost, and resource allocation at a fraction of the investment in time and cost required by previous methods, and with a significant reduction in human error.

This paradigm makes construction schedule optimization accessible to a wider range of projects, bridging the gap

between traditional methods and modern technological innovations.

## PRACTICAL APPLICATIONS AND BENEFITS

The transition to constraint-based scheduling is revolutionizing the construction industry. Some solutions and tools can not only analyze and integrate project constraints, identifying the most efficient pathway forward, but also create accurate, on-demand project simulations from uploaded construction schedule files such as Primavera P6 or Microsoft Project. The integration of task-based and 3D constraint-based systems offers the ability to rapidly analyze, optimize, and realign project schedules with project constraints.

Key benefits of this approach include:

- » Fewer delays: By identifying potential bottlenecks and optimizing resource allocation, projects are less likely to encounter delays. When an unavoidable delay occurs, constraint-based scheduling optimization significantly speeds project recovery times.
- » Cost savings: Efficient scheduling reduces waste and optimizes resource allocation and utilization, reducing daily overhead costs and leading to significant cost savings project-wide.
- » Greater flexibility: Simulating different scenarios allows project managers to adapt quickly to changes, ensuring project progression even when circumstances change.

Instead of merely informing users of potential delays, today's tools can present solutions for overcoming them — revealing the most efficient pathway to timely and cost-effective project completion.

#### **REAL-WORLD IMPACT**

Since the adoption of advanced solutions for scheduling optimization, construction projects worldwide have seen remarkable results. From large infrastructure and renewable energy projects to the construction of data centers, manufacturing facilities, and semiconductor fabrication plants, the ability to simulate reality — while accounting for all variables — has proven to enable construction teams to optimize and improve project outcomes in ways previously unimaginable. And because today's tools can be onboarded and implemented within minutes, they are applicable to an everexpanding range of project types and sizes. The adoption of complex constraint-based modeling and optimization solutions marks a new era in construction planning and scheduling. The continued integration of advanced scheduling and sequencing methods will set new standards for productivity and agility in construction, positioning forward-thinking stakeholders at the forefront of the industry.

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# **About the Author**

René Morkos, Ph.D., is the founder and CEO of <u>ALICE Technologies</u>. René has extensive international experience in the construction industry through managing infrastructure projects in Afghanistan, building an underwater pipeline in Beirut, engineering the automation of a gas refinery project in Abu Dhabi, and leading development of virtual design and construction models for Amsterdam's cruise ship terminal. He also headed the creation of the world's first Artificial Intelligence for use in construction.

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